






February 2010

Activity Calendar

Subject to change.



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
1 Kelly Warren & His Guitar 11:30 AARP Tax Assistance by appt.	2 Brunch & Learn 10:00 Emergency Prepared- ness for Seniors Tuesday Night Ceramics 5-9	3 Birthday Party 12:30 Foot Clinic by appt.	4 Ceramics Shopping 10:00 Symphony with Nancy	5 National Red Wear Red Day for Heart disease in women. Becky Kimball-Easy Listening Valentine's Dinner/ Dance 5-11
8 Kelly Warren & Karaoke 11:30 Gillies Dollar Day AARP Tax Assistance by appt.	9 Low Vision Group Safe Driving Class SPIKE Club 1:00 Tuesday Night Ceramics 5-9	10 Chinese New Year Craft 10:30-Noon Memory Club 10-2	11 Senior Day at the Legislature Chiropractic by appt. Lunch sponsored by Myers Caregivers 6:00	12 Decorate Valentine Cookies in the Hall 10:30-Noon Odell Summers & His Xylophone
15 Center Closed  President's Day	16 Mardi Gras Celebra- tion Noon Tuesday Night Ceramics 9-5	17 Aquarium Trip 11:00 Jerry Jensen Honky Tonk Piano	18 	19 Trevor White— Contemporary Music Noon
22 Wendover 7:30 Foot Clinic by appt. Kelly Warren & His Guitar 11:30 AARP Tax Assistance by appt.	23 Care Beyond Cancer 1:00 Tuesday Night Ceramics 5-9	24 	25 Commodities	26 Hypnosis with Alison Johnson RN 12:30 Rodeo 5:30
Brain Builder Activities: February 18 from 3:00-4:00 pm at Brigham Senior Housing facil- ity, 367 N Main. Call Alison Richman at 435- 713-1468 for more information.		<i>If you want to be remembered, do something memorable.</i> <i>Unknown.</i>		

DAILY

Lunch M-F 12-1
Hall Walking 8-10 a
Library M-F 8-4
Pool Room M-F 8-4

WEEKLY

Advanced Spanish M 10:00 a
Tai Chi M 10:00a
Karaoke M 11:00 a
Sit & Be Fit W/F 10:00 a
Oil Painting Th 10-4

Watercolor T 9:30-12

Square Dance T 7-10 p
Line Dancing M/W 1:00 p
Yoga Tu/Th 4:00 p
Bridge/Pinochle Th 1:00 p
Ceramics 10-4 T
Ceramic NIGHT Class T 5-9
Sit & Dance Th 10:00
Beginning Spanish T 10:00
Tap Dancing W/F 9 a
Beginning Ceramics F 10:00 a

Computer classes as scheduled:
Contact Nancy to enroll.

GENERAL INFO: Telephone
Reassurance, Friendly Visitor, Info.
and Referral; Senior Transit M-W-F
723-3303 X18; MOW Hot meals M-F
Frozen Sat-Sun.; **Please make
lunch & To Go reservations one
day in advance.**